

Shrewsbury High School

Date: NOVEMBER 9-13

MONDAY Station:1-2 Station:3-4 Station:5 Section:6-7 Station:8-9 Grab and Go:	Papa Gino Pizza w/ Baked Fries & Oranges Grilled-Marked Chicken Breast Served w/ Stuffing, Mashed Potatoes & Veggie Ham & Cheese Melt Croissant served w/ Baked Fries Made to Order Deli Made to Order Chicken Caesar Salad served w/Wheat Rolls Chicken Caesar Salad Plate / Assorted Sandwiches w/ Fruit
TUESDAY Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go	Chicken Parmesan Sandwich served w/Pasta Salad and Apples Pasta Bar w/Marinara Sauce or Meat Sauce served w/Garlic Rolls Made to order Deli Made to Order Chicken Caesar Salad served w/ Garlic Knots Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit
WEDNESDAY	<p style="text-align: center;">VETERANS DAY</p> <p style="text-align: center;">NO/SCHOOL</p>
THURSDAY Station:1-2 Station:3-4-5 Station:6-7 Station:8-9 Grab and Go	Dominos Pizza served w/ Crinkle Cut Fries & Apples Burger Bar Topped w/ Lettuce, Tomato, Bacon, Onion Ring & Cheese served w/Crinkle Cut Fries Made to Order Deli Made to Order Chicken Caesar Salad served w/ Garlic Knots Chicken Caesar Salad Plates / Assorted Sandwiches w/Fruit
FRIDAY Station:1-2 Station:3-4 Station: 6-7 Station:8-9 Grab and Go	Spicy Chicken Patty served w/Toppings, Baked Chips, Celery Sticks & Blue Cheese Dressing Fish & Chips served w/Spicy Fries and Cole Slaw Made to Order Deli Made to Order Chicken Caesar Salad served w/ Wheat Rolls Assorted Salad Plates / assorted Sandwiches w/ Fruit
Reduced Lunch\$.40 Lunch \$3.75	<div style="display: flex; align-items: center;"> <div style="font-size: 4em; color: purple; margin-right: 10px;">New</div> <div> <p>MEALS INCLUDE : ASSORTED MILKS, FRUIT and VEGETABLE BAR</p> <p>JUICES , VEGETABLES, FRUITS, GRAINS and PROTEINS</p> <p>ALL LUNCHES MUST INCLUDE A FRUIT OR VEGETABLE</p> <p>Check our Soup Du Jour Selections</p> <p><i>Soup and Salad Bar Combo \$3.75</i></p> </div> </div>
USDA is an equal opportunity provider and employer.	<p style="text-align: center;">High School menu posted at schools.shrewsburyma.gov/foodsvc</p> <p style="text-align: center;">Email Comments and Suggestions to: mricker@shrewsbury.k12.ma.us</p> <p style="text-align: center;"><u>Please call the Cafeteria Manager at your school if you have questions about food ingredients allergens or gluten free choices</u></p>